

Preliminary Results
2019 U.S. Masters Swimming 3000-Yard ePostal National Championship
Women's Relays (3 Swimmers)

| Age Group | Place | Club Name | Total Time | First Name | Last Name | Age | Club Abbr. | USMS # | Individual Time | National Record |
|------------|-------|---------------------------------|------------|------------|------------|-----|------------|------------|-----------------|-----------------|
| 18+ | | | | | | | | | | |
| | 1 | Illinois Masters | 1:54:35.47 | Abigail | Bergman | 23 | IM | 219H-09CWT | 0:39:00.99 | |
| | | | | Madeline | Bruce | 25 | IM | 219P-09DA1 | 0:38:22.48 | |
| | | | | Barbara | Zahorik | 55 | IM | 219S-06581 | 0:37:12.00 | |
| | 2 | Palm Beach Masters | 2:04:56.00 | Liberty | Lyster | 22 | PBM | 509Y-NHGFH | 0:43:10.00 | |
| | | | | Aly | Paz | 26 | PBM | 509P-B2PP4 | 0:37:51.00 | |
| | | | | Laura | Richards | 30 | PBM | 509D-0AK3M | 0:43:55.00 | |
| 25+ | | | | | | | | | | |
| | 1 | St Pete Masters Inc | 1:54:24.13 | Marina | Falcone | 32 | SPM | 140H-06Y2F | 0:33:25.07 | |
| | | | | Paula | Texel | 49 | SPM | 1490-0625D | 0:37:55.06 | |
| | | | | Livia | Zien | 53 | SPM | 1490-02RN5 | 0:43:04.00 | |
| | 2 | New England Masters Swim Club | 1:55:52.45 | Alana | Aubin | 29 | NEM | 0292-07TSR | 0:37:03.99 | |
| | | | | Jennifer | Downing | 41 | NEM | 0206-034VS | 0:39:19.00 | |
| | | | | Charlotte | Brynn | 53 | NEM | 020Z-034BA | 0:39:29.46 | |
| | 3 | North Carolina Masters Swimming | 2:13:04.34 | Kathleen | Pelczynski | 34 | NCMS | 139G-06W4X | 0:41:36.83 | |
| | | | | Catherine | Old | 42 | NCMS | 139X-07ERH | 0:47:25.10 | |
| | | | | Debbie | Wilson | 65 | NCMS | 139P-02318 | 0:44:02.41 | |
| | 4 | Binghamton Univ Masters | 2:14:24.36 | Molly | Brown | 33 | BUMS | 049C-088F6 | 0:39:54.53 | |
| | | | | Laura | Bishop | 47 | BUMS | 049V-07JYY | 0:44:32.33 | |
| | | | | Anne | McGuigan | 58 | BUMS | 0491-07S1F | 0:49:57.50 | |

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| | | | | Staci | Schaffling | 25 | 1776 | 0899-0A2FV | 0:41:20.25 | |
| | 5 | Colonials 1776 | 2:24:49.16 | Hannah | Plimpton | 34 | 1776 | 0896-05XZT | 0:45:26.91 | |
| | | | | Cindy | West-Schaefer | 56 | 1776 | 089X-9D3MD | 0:58:02.00 | |
| 35+ | | | | | | | | | | |
| | | | | Sarah | Landrum | 41 | PSM | 3607-099B2 | 0:41:52.72 | |
| | 1 | Puget Sound Masters | 2:00:09.48 | Michelle | McRae | 44 | PSM | 3699-04FBZ | 0:39:50.20 | |
| | | | | Tamara | Koppelberger | 47 | PSM | 360C-09UES | 0:38:26.56 | |
| | | | | Christine | Haslem | 38 | FAC | 1293-3EF5V | 0:37:34.46 | |
| | 2 | Freedon Aquatic Club | 2:04:01.29 | Erin | McDonald | 39 | FAC | 129Y-02JR6 | 0:40:58.33 | |
| | | | | Bonnie | Algera | 43 | FAC | 129U-0ATDJ | 0:45:28.50 | |
| | | | | Lisa | Chin | 38 | GERM | 109M-0757M | 0:38:22.27 | |
| | 3 | Germantown Maryland Masters | 2:04:42.65 | Dorota | Hassett | 42 | GERM | 109S-092S5 | 0:40:19.61 | |
| | | | | Denise | Dombay | 53 | GERM | 1009-036EM | 0:46:00.77 | |
| | | | | Amanda | Castle | 44 | IM | 210K-062JD | 0:44:03.43 | |
| | 4 | Illinois Masters | 2:08:09.16 | Leslie | Biegler-Ciaccio | 52 | IM | 210P-0A2JC | 0:42:12.40 | |
| | | | | Marcia | Cleveland | 55 | IM | 219H-MC944 | 0:41:53.33 | |
| | | | | Meg | Anderson | 42 | OREG | 379G-026J5 | 0:45:26.00 | |
| | 5 | Oregon Masters | 2:16:36.34 | Cynthia | Smidt | 49 | OREG | 379J-02611 | 0:47:57.99 | |
| | | | | Anicia | Criscione | 46 | OREG | 379M-EYEEM | 0:43:12.35 | |

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| | | | | Jennifer | Macri | 44 | PBM | 509H-0B58G | 0:44:22.00 | |
| | 6 | Palm Beach Masters | 2:28:04.99 | Kate | Ufford | 44 | PBM | 509A-09ES7 | 0:44:55.00 | |
| | | | | Heidi | Bettendorf | 55 | PBM | 509R-0B0PC | 0:58:47.99 | |
| 45+ | | | | | | | | | | |
| | | | | Laurie | Hug | 54 | 1776 | 089W-0226X | 0:36:26.33 | |
| | 1 | Colonials 1776 | 1:53:24.46 | Stephanie | Saucy | 56 | 1776 | 089M-07VRM | 0:39:02.70 | |
| | | | | Vibeke | Swanson | 58 | 1776 | 0895-02223 | 0:37:55.43 | |
| | | | | Jayna | Tomac | 47 | OREG | 379X-05EJN | 0:39:45.50 | |
| | 2 | Oregon Masters | 2:04:03.49 | Cheryl | Morgen | 50 | OREG | 379F-026FA | 0:42:33.99 | |
| | | | | Gillian | Salton | 51 | OREG | 3700-05G96 | 0:41:44.00 | |
| | | | | Kirsten | Goldhammer | 48 | MOST | 439V-020DN | 0:40:32.06 | |
| | 3 | Masters of South Texas | 2:04:07.82 | Melinda | Wight | 48 | MOST | 439G-09MYN | 0:43:49.69 | |
| | | | | Susan | Ingraham | 60 | MOST | 430F-SUSAN | 0:39:46.07 | |
| | | | | Malena | Hankins | 46 | AWJ | 459X-GRACE | 0:41:52.00 | |
| | 4 | Atlanta Water Jocks | 2:06:03.93 | Leann | Rossi | 53 | AWJ | 459G-064M8 | 0:46:53.84 | |
| | | | | Marianne | Countryman | 55 | AWJ | 4591-06YDK | 0:37:18.09 | |
| | | | | Christine | Hirsch | 50 | OREG | 379W-07MKJ | 0:47:24.05 | |
| | 5 | Oregon Masters | 2:07:03.37 | Colette | Crabbe | 63 | OREG | 379H-02645 | 0:39:48.33 | |
| | | | | Stephanie | Martin | 60 | OREG | 379V-01P7F | 0:39:50.99 | |

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| | | | | Megyn | Taback | 46 | PBM | 500E-0A04H | 0:45:56.00 | |
| | 6 | Palm Beach Masters | 2:34:23.98 | Cathy | Goodwin | 54 | PBM | 509G-08CWV | 0:50:58.99 | |
| | | | | Susan | Smith | 55 | PBM | 509X-0A55G | 0:57:28.99 | |
| | | | | Daphne | Elliott | 51 | SHARK | 1491-096KB | 0:51:27.48 | |
| | 7 | Sarasota Shark Masters | 2:47:08.19 | Karen | Einsidler | 63 | SHARK | 1404-01S73 | 0:38:40.71 | |
| | | | | Janice | Miller | 76 | SHARK | 149D-083F4 | 1:17:00.00 | |
| 55+ | | | | | | | | | | |
| | | | | Susan | Gordon-Arnold | 59 | SAWS | 599C-03SVR | 0:40:40.53 | |
| | 1 | Sawtooth Masters | 2:00:02.59 | Ellen | Reynolds | 55 | SAWS | 5908-01J04 | 0:35:27.49 | |
| | | | | Lisa | Rankin-Galane | 56 | SAWS | 5995-07RNE | 0:43:54.57 | |
| | | | | Charlotte | Petersen | 55 | SPM | 149Z-02RF8 | 0:36:04.73 | |
| | 2 | St Pete Masters Inc | 2:00:35.74 | Cheryl | Kupan | 55 | SPM | 149K-01SAD | 0:41:51.00 | |
| | | | | Sharon | Steinmann | 61 | SPM | 1494-02RG3 | 0:42:40.01 | |
| | | | | Jeanne | Danford | 56 | PBM | 509W-028BV | 0:43:52.00 | |
| | 3 | Palm Beach Masters | 2:08:44.99 | Darcy | LaFountain | 64 | PBM | 5090-0212Z | 0:42:15.99 | |
| | | | | Tamara | Burton | 61 | PBM | 5099-099CG | 0:42:37.00 | |
| | | | | Margaret | Haskins | 61 | NEM | 020A-05UC8 | 0:47:03.70 | |
| | 4 | New England Masters Swim Club | 2:35:28.76 | Deborah | Chassler | 68 | NEM | 020S-0337D | 0:55:35.00 | |
| | | | | Paula | Yankauskas | 65 | NEM | 0299-WOWSA | 0:52:50.06 | |

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| | | | | Tamara | Nist | 58 | BUMS | 0492-0AFZT | 0:54:01.00 | |
| | 5 | Binghamton Univ Masters | 2:42:15.51 | Donna | West | 58 | BUMS | 040V-07JRG | 0:54:25.51 | |
| | | | | Charlotte | Kramer | 65 | BUMS | 049F-0926U | 0:53:49.00 | |
| 65+ | | | | | | | | | | |
| | | | | Catherine | Rust | 66 | PBM | 5096-06WNH | 0:42:46.99 | |
| 65+ | 1 | Palm Beach Masters | 2:26:00.98 | Joan | Craffey | 66 | PBM | 509D-06MBR | 0:45:31.00 | |
| | | | | Suzanne | Mitchell | 71 | PBM | 509Z-08CXY | 0:57:42.99 | |
| | | | | Janet | Jastremski | 71 | 1776 | 089E-0226H | 0:57:14.40 | |
| 65+ | 2 | Colonials 1776 | 2:38:00.66 | Christine | Schroeder | 70 | 1776 | 089R-0225J | 0:55:24.00 | |
| | | | | Tracy | Clarkson | 70 | 1776 | 089D-09NEX | 0:45:22.26 | |